

# Need Help?



## Get Plugged in!

Healthy choices can be hard, but with the support of these campus resources, it's easier to make choices that will point you in a more positive direction.

Contact one of the agencies below to take the first step towards a healthier life for you or to help a friend.

### Academic Advising

**Undergraduate Studies** (Lower Division)  
(850) 644-2451

**Upper Division** - Contact advisor in your dean's office.

### Assessment For Learning Disabilities and ADHD

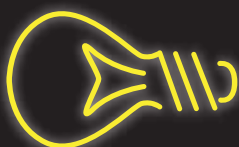
**Adult Learning Evaluation Center**  
(850) 644-3611

**FSU Psychology Clinic**  
(850) 644-3006

**Multidisciplinary Evaluation and Consultation Center** (For children and adolescents under the age of 18)  
(850) 644-2222

### Career Counseling/Advising

**The FSU Career Center**  
(850) 644-6431



## Campus Resources (cont'd)

For more detailed information about available services, please visit: <http://counseling.fsu.edu>

### Counseling

**FSU Psychology Clinic**  
(850) 644-3006

**FSU Counseling Center**  
(850) 644-2003

**Center for Couple and Family Therapy**  
(850) 644-1588

**Human Services Center**  
(850) 644-3857

**UHS Psychiatry Clinic**  
(850) 644-0579

**FSU Victim Advocate Program**

(850) 644-7161

**Employee Assistance Program at FSU**

(For current employees of FSU)

(850) 644-2288

**Anxiety and Behavioral Health Clinic**

(850) 645-1766

### Greek Life

**Office of Greek Life**  
(850) 644-9574

### International Students

**Center for Global Engagement**  
(850) 645-2112

### LGBTQ students

**PRIDE Student Union**  
[sga.fsu.edu/pride](http://sga.fsu.edu/pride) or (850) 644-8804

**SafeZones** are located and labeled in each department and/or Academic Unit

### Nutrition Counseling

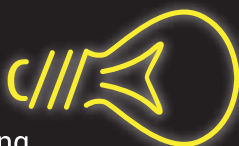
**University Health Services**  
(850) 644-8871

### Student Veterans

**Student Veterans Center**  
(850) 645-9867

### Students With Disabilities

**Student Disability Resource Center**  
(850) 644-9566 (voice)  
(850) 644-8504 (TDD)



Questions? Call The Counseling Center (850) 644-2003